

Table 1: ESTIMATED POPULATION, LAND AREA
and POPULATION DENSITY/SQ. KM.
National Capital Region, 2017

Municipality/City	Population	% Distribution	Land Area (Sq. Km.)	Population Density/sq.km.
Malabon	366,709	2.84	15.71	23,342
Navotas	250,271	1.94	10.69	23,412
Valenzuela	622,432	4.82	47.00	13,243
Caloocan City	1,589,110	12.30	55.80	28,479
Total District I	2,828,522	21.89	129.20	21,893
Marikina	452,201	3.50	33.97	13,312
Pasig	757,747	5.87	31.00	24,443
Pateros	64,047	0.50	2.25	28,465
Taguig	807,523	6.25	45.21	17,862
Quezon City	2,945,629	22.80	161.12	18,282
Total District II	5,027,147	38.91	273.55	18,377
Makati	584,490	4.52	27.36	21,363
Mandaluyong	387,528	3.00	21.26	18,228
San Juan	122,576	0.95	7.77	15,776
Manila	1,785,917	13.82	38.28	46,654
Total District III	2,880,511	22.30	94.67	30,427
Las Piñas	590,802	4.57	41.54	14,222
Muntinlupa	506,144	3.92	46.70	10,838
Parañaque	667,979	5.17	46.57	14,344
Pasay City	417,872	3.23	18.50	22,588
Total District IV	2,182,797	16.90	153.31	14,238
NCR	12,918,977	100	650.7	19,853